

## **COMMUNITY MENTAL HEALTH**

## **ADMINISTRATION**

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John L. Kinch Executive Director

September 20, 2018

TO:

Macomb County Community Mental Health (MCCMH)

Internal and Contract Network Providers

FROM:

John L. Kinch, Executive Director

RE:

**EXECUTIVE DIRECTIVE 2 / 2018** 

Effective October 1, 2018, for respite care service requests, the following guidelines shall apply to respite care service authorizations:

Respite shall only be provided:

1. On a short-term limited basis

2. To relieve the family or primary caregiver from daily stress and care demands

3. During times when caregivers are not being paid to provide care

"Short-term" means that respite service is provided during a limited period of time; for example, for a few hours, days, or a weekend, or a brief absence.

"Intermittent" means that respite provision does not occur regularly or for a continuing period. The service cannot stop and start repeatedly or with a time period in between. Respite is not intended to be provided on a continuous long-term basis, or as part of a daily service that would enable a caregiver to accommodate his or her employment schedule.

Respite care may not be provided by the parent of a minor beneficiary receiving the service, spouse of the beneficiary, beneficiary's guardian, or the unpaid primary caregiver.

Pursuant to this Directive, the MCCMH documented limited capacity for respite service provision (Codes T1005, T1005-TD, T1005-TE) is hereby established for not more than eighty-eight (88) units [twenty-two (22) hours] per month. This capacity limit reflects a 20% decrease in State funding. Services will be authorized through the MCCMH Access Center at the point of new authorization or re-authorization of services. **Note:** Respite services through the Shared Parenting Program and the Respite Home are excluded from the above capacity limit. This Directive supersedes Executive Directive 11/2006 in the MCCMH MCO Policy Manual.

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